

My Lumvoda Infusion Reminders & Treatment Progress Tracker

Navigate each Lumvoda infusion
with information and support

USE and IMPORTANT SAFETY INFORMATION

Use: Lumvoda is a prescription medicine used to treat Thyroid Eye Disease (TED), no matter if you've had TED for months or years.

What is the most important information I should know about Lumvoda?

Infusion reactions can happen during or soon after your infusion of Lumvoda. Tell your doctor or nurse right away if you have any of these symptoms during or after your treatment with Lumvoda:

- High blood pressure
- Headache
- Feeling hot
- Tiredness
- Chills

Please see Important Safety Information on [pages 4 and 5](#) and Full [Prescribing Information](#).

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Helpful tips to prepare for your Lumvoa infusion

Consider these tips to help prepare for your treatment journey

2 WEEKS PRIOR TO INFUSION

- Confirm the date, time, and address of your appointment
- Call your doctor to confirm if any additional assessments are needed before starting treatment
- Arrange for time off from work, childcare, and coverage for any other responsibilities in preparation for your absence
- Check in with your Patient Access Liaison (PAL)

1 WEEK PRIOR TO INFUSION

- Confirm transportation to and from your appointment
- Reach out to a friend or family member if you need support during your infusion

Your PAL is an integral support resource throughout your treatment journey. Connect with them by calling 1-866-VCARES1, Monday-Friday, 8 am to 8 pm ET.

ON INFUSION DAY

On your arrival, you'll check in and get comfortable, and a nurse will handle the rest. Try to take advantage of this time to rest, read, or relax. The tips shown below may help facilitate a smooth treatment experience.



Eat a healthy, well-balanced meal before you leave home.



Hydrate with plenty of water.



Be sure to wear something comfortable with easy access to your arm for each infusion.



Pack a bag with some water, snacks, entertainment, chargers, and anything else that will provide comfort during your infusion.



Bring this tracker along to familiarize yourself with post-infusion protocol!

Please see Important Safety Information on [pages 4 and 5](#) and Full [Prescribing Information](#).

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Tips for after each infusion

We hope your infusion went smoothly!

Here are some tips to consider after your infusion is completed.

- Schedule your next infusion for 3 weeks from today
- Make note of anything you wish you brought today or would like to bring to your next infusion
- Check in with your doctor or care team to let them know how your infusion went
- Keep an eye out for any possible side effects. Some side effects may occur during or soon after your infusion. If you think you're experiencing one, tell your care team right away
- If enrolled in ViridianCares, follow up with your PAL to confirm your infusion was received and to resolve any outstanding questions

→ **Hydrate, rest, and take care of yourself!**



Be sure to note your scheduled infusion dates on page 4

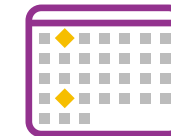
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My Lumvoa treatment plan

Track your treatment, one infusion at a time

Your Lumvoa treatment should be completed in just 12 weeks start to finish, consisting of five 30- to 45-minute infusions once every 3 weeks.



**Single IV infusion
once every 3 weeks
for 12 weeks**



First infusion



45 minutes

Subsequent infusions



30 minutes
if well tolerated

IV, intravenous.

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Use the table below to keep track of your infusion schedule and progress throughout your treatment journey

	1st Infusion (Week 0)	2nd Infusion (Week 3)	3rd Infusion (Week 6)	4th Infusion (Week 9)	5th Infusion (Week 12)
Infusion Date					
Infusion Time					
Location					
Record any changes you see in your TED symptoms after each treatment. It's important to discuss any changes with your care team.					
Notes					

If you are enrolled in ViridianCares and are having difficulty keeping appointments or affording treatments, please reach out to your PAL for assistance.



If you miss your scheduled Lumvoda infusion, please reach out to your care team immediately to reschedule.

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- Headache
 - Tiredness

Lumvoda may worsen inflammatory bowel disease (IBD), such as Crohn’s disease or ulcerative colitis. Tell your doctor right away if you have worsening IBD symptoms, which may include diarrhea with stomach pain or cramps, blood in your stools, sudden urgency to have a bowel movement, or feeling like you need to have a bowel movement even when there’s little or no stool to pass.

Lumvoda may cause an increase in your blood sugar. Before starting treatment with Lumvoda, tell your doctor if you have high blood sugar or if you have diabetes. It is important for you to take your treatments and follow an appropriate diet for glucose control as prescribed by your doctor.

Lumvoda may cause severe hearing problems including hearing loss, which in some cases may be permanent. Tell your doctor if you have any signs or symptoms of hearing problems or changes in hearing.

Please see additional Important Safety Information on [next page](#) and Full [Prescribing Information](#).

USE and IMPORTANT SAFETY INFORMATION (continued)

Before receiving Lumvoa, tell your doctor if you:

- Have inflammatory bowel disease (Crohn's disease or ulcerative colitis).
- Have diabetes or know your blood sugar is high.
- Are pregnant or plan to become pregnant. Lumvoa may harm your unborn baby. Tell your doctor if you become pregnant or suspect you are pregnant during treatment with Lumvoa. Women who are able to become pregnant should use an effective form of birth control (contraception) prior to starting treatment, during treatment, and for 6 months after the final dose of Lumvoa.
- Are breastfeeding or plan to breastfeed. It is not known if Lumvoa passes into your breast milk. Talk to your doctor about the best ways to feed your baby during treatment with Lumvoa.
- All the medicines you take, including prescription and over-the-counter medicines, vitamins, and dietary and herbal supplements. Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

What are the possible side effects of Lumvoa?

The most common side effects of Lumvoa include muscle cramps or spasms, headache, hearing problems, high blood sugar, tiredness, diarrhea, ear discomfort, infusion reactions, nausea, cold-like symptoms, increases in a blood enzyme called creatine phosphokinase, dry skin, and high blood pressure.

This is not a complete list of all possible side effects. Tell your doctor or treatment team about any side effect you may have. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/safety/medwatch, or call 1-800-FDA-1088.

Lumvoa (500 mg) is an injection for infusion.

Please see Full [Prescribing Information](#).



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